

19TH ANNUAL

ANOTHER DAM BIKE RIDE (ADBR)

**SATURDAY, OCTOBER 1, 2005
KNOXVILLE, IOWA**

This Scenic 38.6 mile ride encompasses the best of Marion County and Iowa. Through rolling country hills, across majestic Red Rock Dam, along nature strewn recreation trails, this ride has something for everyone. Recreational cyclists of all ages are invited for this fun filled event that includes admission to the Old Home Days Cultural Festival in Knoxville.

Registration will take place at the Knoxville Recreation Center, 800 S. Park Lane, Knoxville beginning at 8:00 am.

The Ride will begin at 9:30 AM from the Knoxville Recreation Center. From Des Moines take Highway 5 South to Knoxville. Take the VA Medical Center Exit and proceed East. Turn right on Park Lane.

Entry Fee is \$25 per person (\$30 after September 16) Entry includes a collectible long sleeve t-shirt, two great rest stops with refreshments, spaghetti lunch, use of showers, sauna, pool and whirlpool at recreation center, scenic marked route, and the most fun you have ever had!!!!

Lodging is available at the following Knoxville Chamber Partners: Super 8 (641)828-8808, Red Carpet (641)828-3191, Country Inn and Suites(Pella) (641)620-1111, Comfort Inn(Colfax) (515)674-4455, Arnerl Host Inn and Suites(Pella) (641)628-0085. Camping is available at Marion County Park (641)828-2214 or Lake Red Rock (641)828-7522.

For additional information contact the Knoxville Chamber of Commerce, 309 E. Main St., Knoxville, Iowa 50138 (641)828-7555 www.knoxville-iowa.com.

Helmet use is strongly recommended. All participants must sign a waiver. Parent or legal guardian must sign a waiver for all riders under the age of 18. Obey all traffic laws, ride smart, and be safe.

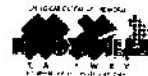
Name: _____

Address: _____ City: _____

State: _____ Zip: _____ Phone: _____

Emergency Contact: _____ Phone: _____

E-mail: _____ T-Shirt Size: _____



Entry Fee \$25 before September 16, \$30 after.

Make check or money order payable to Knoxville Chamber of Commerce, 309 E. Main Street, Knoxville, Iowa 50138.

Credit Card Payment

Card #: _____ Exp Date: _____

Name on Card: _____

In signing this entry form or another, I understand and agree to absolve all the sponsors and organizers, and volunteers, be they individuals or organizations, singly and collectively of all blame for any injury, misadventure, harm, loss, or inconvenience suffered as a result of taking part in "Another Dam Bike Ride" to use my name and any photographs, videotape, motion pictures, recordings, evaluations or any other record of my participating in the Another Dam Bike Ride" for any publicity and /or purposes without obligation or liability to me. I have read and understand the above release and waiver.

Signature: _____ Date: _____

(All registrants must sign)

Mail completed entry form with payment to: Knoxville Chamber of Commerce, 309 E. Main Street, Knoxville, Iowa 50138