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ON YOUR LEFT...



A NEWSLETTER OF THE IOWA VALLEY BICYCLE CLUB

IVBC Presents 2010 Mileage Awards

I want to thank Sara and Dana for helping with this year's mileage. I was gone on the night we had the bike meeting to present the 2010 mileage awards. Dana made the presentation for me. We had a total of 14 awards. The mileages were collected in a different matter this time. I appreciated the people that called or emailed me or Dana. The club wanted to get 1/4 of a million miles again this year. However, we ended up with 184,193 miles. Out of the 137 family & individual membership I got 51% or 70 membership reported. If we had gotten 100% reporting, I am sure we would have been over 1/4 million miles for 2010.

The club members who rode their first century included Caleb Harrelson, Sherry Kubalsky, Bob Ockenden and Conor Scharr. Those members riding 5 or more centuries were Gavin Huseboe(7 centuries), Lanny Nuese(6 centuries), and Ken Lundsford(5 centuries). Four of our club members rode 10 or more centuries; Richard Henningsen (20 centuries), Ken Zak(20 centuries), Brad Bosworth(8 centuries) and Brian Nelson(10 centuries).

For the top mileage awards we had Ken Zak as the top male rider with 9495 miles. Gabrielle Coughlin was the top female rider with 5596 miles and Pat and Gabrielle Coughlin were the top family for mileage with 11,192 miles. Congratulations to all the club members who rode 2000 miles or more. We had 33 members who accomplished this mileage.

The club may do the 2011 mileage differently so be sure to keep track of your 2011 mileage and keep on biking. While biking, ride safely, keep the sunnyside up and the dirty side down, and always have the wind to your back. --By Tom Kurth

AWARD WINNERS

1st Century	How Many	Mileage
Caleb Harrelson	1	700
Sherry Kubalsky	1	1295
Bob Ockenden	1	2200
Conor Schaar	1	1250

5 or More Centuries	Number	Mileage
Gavin Huseboe	7	7263
Lanny Nuese	6	2930
Ken Lunsford	5	2400

10 or More Centuries	Number	Mileage
Richard Henningsen	20	3254
Ken Zak	20	9495
Brad Bosworth	18	3146
Brian Nelson	10	4200

Miscellaneous Awards	Type	Mileage
Ken Zak	#1 Male	9495
Gabrielle Coughlin	#1 Female	5596
Pat & Gabrielle Coughlin	#1 Family	11,192



Tony Etcher (R) giving Rich Henningsen his award

Quote of the Month: Marriage is a wonderful invention: then again, so is a bicycle repair kit. (I know this is true, just ask Rita)--Billy Connolly

2010 ADDITIONAL MILEAGE--2000 & OVER

Ken Zak	9495
Tom Eaton	7546
Gavin Huseboe	7263
Dennis Coombs	6000
Douglas Ritter	6000
Gabrielle Coughlin	5596
Pat Coughlin	5596
Joel Ludwig	4713
Brian Nelson	4200
Don Groff	4100
Dave Eaton	4003
Leon Hobbs Jr.	3809
John Eich	3710
Terry Briggs	3634
Dave Thornton	3600
Charlie Smith	3551
Leslie Malony	3500
Dana Bresler	3370
Richard Henningsen	3254
Jim Christensen	3200
Brad Bosworth	3146
Joseph Schaar	3000
Lanny Nuese	2930
Bev Clover	2800
Tom Lewis	2500
Diane Groff	2430
Ken Lunsford	2400
Bob Ockenden	2400
Darci Reutzell	2100
Gary Buchwald	2000
Neil Glessner	2000
Michael McCormick	2000

FOR SALE

Ladies' Schwinn Cross Fit 26" bicycle with accessories \$90



FOR SALE

Men's Trek Hybrid bicycle with gel seat and computer \$120



Call 641-844-1454 or can be seen at 7 E. Ingledue St., Marshalltown, IA for either/both bikes.



Kids' Fit Day

Iowa Valley Bicycle Club had a booth at the Community Y Kids' Fit Day on April 16th. Children who attended our booth to get stamped first had to tell three things they do to be safe on their bike. While Barb Burgess and Rita Smith were talking to the students, Ed Burgess, Charlie Smith, Terry Briggs, and Tom Kurth were talking to their parents also about safety issues. Hundreds of elementary students enjoyed learning various ways to be healthy at this well attended event.

BICYCLE RODEOS

Thanks to Tom, Ed, Barb, Pat, Dana, Terry, John and anyone else who has been helping with the bike rodeos thus far this spring while I have been out of commission. I hear they are going well, and kids are enjoying their "safety course". There are so many "can do" people who are willing to step forward and help. You are greatly appreciated.

--Charlie Smith

*Note

Please note the absence of some ride leaders. Please be aware that there will be a ride, and a club member will help determine the route for the day. The responsibility of the ride leader is to help reach consensus on the route. Dana Bresler has agreed to announce central Iowa organized rides. All local rides will begin in the parking lot of the Community Y Cultural Center.

*Note: Those individuals who want to do an "out of town" sponsored ride by another club may want to contact John Eich or Dana Bresler and ask of the possibility of an organized car pool.

RAGBRAI--The countdown has begun; be sure to log those miles so you will be in shape.
10 weeks to go...



Bike to Work Week Proclamation

Terry Briggs, Bob Peterson, Dana Bresler, Tom Kurth, and Ann Bresler watch as Mayor Gene Beach signs the proclamation making May 15-21 the official Bike To Work Week. (see event below in the ride schedule)



Ride Schedule for May

Saturday, May 14

Class I Ride: Dana Bresler 8:00 AM

We will ride to Tama even though the Lincoln Highway Bridge Festival is not until next week. Coming back we will turn north in Montour and ride to Garwin and back in. If there is a strong west wind our route will probably change.

Class II Ride: Pat Lynott 9:00 AM

Route will be determined by wind and the riders that show up

Bike to Work Week--Please check with your employer to register each day you ride. They will turn in your names at the end of the week, and Iowa Valley Bicycle Club will be drawing for prizes. If your employer is not participating, you can register at the Community Y Cultural Center each morning (where you will also get free coffee and a snack) between 7:00 a.m. and 8:30 a.m. AND, plan to culminate your riding this week by joining the MARSHMALLO ride on Saturday...

Saturday, May 21--

Class I Ride: MARSHMALLO 100 mi. ride starts at 7:00 AM

Class II Ride: MARSHMALLO shorter distances start at 9:00 AM

<http://marshalltownbikeclub.com/acrobat/MarshmalloBrochure.pdf>

Saturday, May 28

Class I Ride: (need volunteer) 9:00 AM

Class II Ride: Charlie Smith 9:00 AM

Friday-Sunday, June 3-5-- Saylorville Campout (watch for details later) If you are a member of IVBC, your campsite is paid for. Members sometimes ride to Saylorville on Friday and back home on Sunday. Other members carry camp gear and just ride the trails. Saturday morning, we ride to the Farmer's Market downtown for a burrito breakfast. It's a fun way to relax with others.

Iowa Valley Bicycle Club

P.O. Box 927

Marshalltown, Iowa 50158

MEETING DATE: The next monthly meeting is June 8th at 7:00 at the Fisher Community Center. The RAGBRAI planning meeting is at 6:30 p.m. Everyone interested in bicycling is welcome to attend.

Check our web site <http://marshalltownbikeclub.com>

Check out our Facebook page: <http://www.facebook.com/IowaValleyBicycleClub?ref=ts>