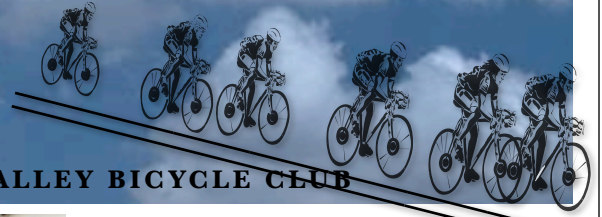


S E P T E M B E R 2 0 1 1

ON YOUR LEFT...



A NEWSLETTER OF THE IOWA VALLEY BICYCLE CLUB

Annual Meeting

The IVBC Annual Meeting is scheduled for Friday, November 4th at the UAW Hall on Iowa Avenue. Watch for more information to follow. There will be a free spaghetti supper, good friends, and more....



Melbourne Trail Repair

The Melbourne Trail section has been repaired and is safe to ride. To insure the trail has further maintenance, IVBC contributed \$2,000 to a trail maintenance fund. In the near future, an emergency marking system will need to be installed on the trail from Riverview Park to Melbourne. The process will need cooperation on the part of the city and county.



Diane Groff of Brooks Inspire Daily and Miles Dugan, winner of Brooks Shoes

RAGBRAI Raffle Prize winner...

This year, one of our younger riders, Miles Dugan of Longmont, CO won the Brooks Running Free Pair of Shoes. This was Miles first year riding RAGBRAI and he reported that he will be back! Miles rode with his father and uncle and managed to find the rolling hills a-lot of fun! Good job Miles and have fun in your Cascadia Trail shoes while hiking with Troop 66 and Boy Scouts leader Don Groff, IVBC and Eagle Scout from Marshalltown's Troop 310. Hope to see you in 2012!

Iowa Bicycle Coalition Membership Renewal

The Iowa Bicycle Coalition has had a very productive year, and much of the work will become more public in the following year. The Coalition is always working to make biking in Iowa safer. Iowa did not become the 6th most bicycle friendly state in the nation without the work of the Coalition. Your membership makes the work of the Coalition possible. IVBC urges our members and all interested parties to become a member. <http://www.iowabicyclecoalition.org/>

Albion Fire Department Breakfast: On Oct. 8th, the Albion Fire Department will host a funding raising breakfast from 6:00 Am to 10:00 AM. This is a great opportunity to get in a breakfast and bike ride.

Fall Rides

Fall rides can be a beautiful experience. You need not worry about getting in shape, you are in as good of shape as you are going to become this year, so slow down and enjoy the scenery. Fall pictures of bike rides will be appreciated this winter. Please send them to crsmith@mchsi.com



Recycled Bicycles

IVBC has budgeted \$500 toward the purchase and repair of used bicycles to be given to needy individuals who need transportation. A bike lock and helmet will also be given to the individuals to insure the safety of the cyclists and that the bike will not be stolen. The first bike will be given away the week of September 18th. Plans are to expand this program in the coming months and years. If you know of someone who needs a bicycle and cannot afford it, please contact Ken Lyons, Sherry Kubalsky, or any of the bike club members.

Rules of the Road: The League of American Bicyclists list six rules for bicyclists to following when riding:

1. **FOLLOW THE LAW.** Bicyclists have the same laws as a motorists. Would you drive your car the same way you ride your bicycle?
2. **BE PREDICTABLE.** Let the motorists and fellow bicyclists know your intentions.
3. **BE CONSPICUOUS.** Make sure the motorists can see you. Hugging the curb is not safe.
4. **THINK AHEAD.** Be aware of your environment, and be ready to react to drivers, fellow cyclists and road conditions. Anticipate.
5. **RIDE READY.** Make sure you are wearing a helmet and your bike is in good working order.
6. **KEEP YOUR COOL.** Don't be a part of road rage. You will lose.



Connecting Trail Party

The idea that we will not need to ride Lincolnway to get to the Melbourne Trail gives one a feeling of great anticipation. When that day comes, we need a celebration, a party, a shout of great joy, a happening, a day in history, and whatever else demonstrates your excitement. There will be a day of celebration; all we need to know is when will the trail be ready for traffic. Completion date and celebration looks to be the 1st of October or later. We MAY need to move the celebration to Marshmallo in May of 2012 to have better weather. One thing is for sure, you do not want to miss the party. Hopefully, the day will be celebrated by walkers, runners, joggers, and bikers. We will keep you informed.

NOTE: The connecting trail is not complete, and bikers should wait until the trail is completed before riding the trail. The trail is not safe, and we would not want to see an injury before the trail has been officially opened.

Iowa Valley Bicycle Club

P.O. Box 927

Marshalltown, Iowa 50158

MEETING DATE: The next monthly meeting is Oct. 12th at 7:00 at the Fisher Community Center.
Everyone interested in bicycling is welcome to attend.

Check our web site <http://marshalltownbikeclub.com>

Check out our Facebook page: <http://www.facebook.com/IowaValleyBicycleClub?ref=ts>