

On Your Left!



Past & Upcoming News From the Iowa Valley Bicycle Club

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Message from the President by: Kris McKibben

Dear Friends,

As another cycling season winds down, I would like to think back on all that IVBC has done. We have had a good year! New members have joined, for which I am delighted, numbers are up in meeting attendance (15 at the last meeting), and we are able to donate money to the trail system in Marshalltown to help extend the length.

I want to invite everyone to the annual meeting to be held Friday, Nov. 7 at 6 pm at Zeno's Pizza. The club will buy the pizza, and a short program is planned. There will be a brief business meeting with election of board members for 2004 (don't worry about being railroaded, the positions are already filled), a treasurer's report, and presentation of a check to Garry Brandenburg for the Marshalltown Trails. Garry will then give us an update on the 2004 planned expansion of the trail. Hope to see everyone there.

I want to thank all the bike riders that rode to the Des Moines Register on Sept. 29 to assist in Marshalltown's bid for Ragbrai 2004. I think that we looked really good and hope that we made an impression on Jim Green. Thanks also to Ed Gilliland for providing SAG service to the riders. He has volunteered to SAG for us anytime.

Mark your calendars for Dec. 13 for the annual Tour de Lights Ride ! Gather at the Fisher Community Center after 4 pm, and we will start to ride at 5 pm. Chili and hot chocolate will be provided, bring a snack for after the ride. Remember that lights on your bike are required and also a helmet on your head. There will once again be door prizes and a prize for the best-decorated bike. We can always use a few non-riders to 'man the store' while we're out!

I would like to mention that we are working on a membership drive of some kind. Do you know someone that likes to ride or just supports the sport? Have you mentioned the IVBC? Ask them to join! We are a little - known club I think, and we want to get the word out. We are trying to improve our publicity efforts and we can use all the work-of-mouth we can get. If you have an idea, let me know.

Also, I hope to make a few changes in the format of meetings this next year. We will be keeping the business meetings down to 30-45 minutes with programs to follow during the off-riding months. I am working to get some speakers lined up. I hope that this will bring some more members to the meetings. A list of programs will be in an upcoming newsletter. Also, in response to Rich's experience on the trail with a heart attack victim, the club will be offering CPR training for any interested members at the Jan. meeting. This will be taught by the Red Cross. Hope that you can make it. This is a valuable thing to know.

See you at Zeno's--Kris

p.s. Orders for Tour de Lights sweatshirts will be taken at the annual meeting. Prices are Adults \$28 Youth \$24. Or you can call me to order Kris at 488-2915.

p.s.s Please tally your centuries for awards and get your miles added up. Tom will be calling you.

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Always Wear A Helmet



30th Annual Century Ride Held September 20th

It was perfect weather (a little windy) for the Century Ride. Four riders: Terry Briggs, our rookie but you would never have guessed by the way he rode; Mike Headley, this was just a ride around the block for him after his 230+ (double century plus) last year; Dan Ring, who I think has the most Marshalltown Centuries, he is a true cyclist; for me, it was like RAGBRAI corn fields, (which come in very handy from time-to-time), Quick Trips with sweet rolls, and good company to be with. John Eich

Editor's note: To John it was a "little windy" but after talking with a couple of the other riders it seems it was "very windy". The route took the riders in a counter clockwise direction out of Marshalltown. Green Mountain—Union Grove—Gladbrook—Lincoln— just west of Reinbeck— Holland—Steamboat Rock—Eldora—Gifford—Union—Bangor—to E29 and back into Marshalltown via Summit St. John worked real hard to and I think succeeded in planning a new and different route. It was a great route but as it turned out, there was a 15-20 mph South wind, so when they turned South in Steamboat Rock, they had that headwind to deal with for 37 miles, all the way back to Marshalltown. db

2nd Annual RAGBRAI Route Request Ride to The Des Moines Register

On Monday, September 29, seven IVBC members rode to The Des Moines Register to present a request to Jim Green to designate Marshalltown as one of the overnight host cities for RAGBRAI XXXII. Jim Green is Mr. RAGBRAI for the Register. The seven riders were Lanny Nuese, Tom Kurth, Terry Briggs, Rich Youds, Bob Peterson, Lyle Webber, and Dana Bresler. Even though the day started out pretty chilly (I think around Baxter I started feeling my toes again), it turned out to be a beautiful day for a bike ride. The route down, we rode on the new 330 Bike Path to Melbourne, then S 62 down to Baxter and got on the Chichaqua Trail to Bondurant and then over to Ankeny where we got on the Saylorville Trail to the Botanical Center (roughly 75 miles). Ed Gilliland did a great job providing SAG service during the ride, Thanks Ed!

Joining the riders at the Register's offices for the presentation to Jim were Sara Kurth and Kris McKibben from the bike club, John Cahill from MMSC, and Mary Harkin and Amy Pieper from the Marshalltown Convention and Visitors Center. Jim introduced T. J. Juskiewicz who will be Jim's assistant in 2004 and will take over RAGBRAI when Jim retires in 2005.

Of course Jim could not guarantee that RAGBRAI would come through Marshalltown in 2004 but he assured us that we would be considered. He said that they would not start the actual route planning until December.

Planning Dates

Annual Membership Meeting	November 7	Mayor's Ride	April 10
Tour De-lites	December 13	Marshmallo	May 8
Club Planning Session @ FCC	January 18	YSS	June 12
BRR	February 7	RAGBRAI Trainer Ride	July 17
Annual Winter Potluck	February 15		

Attention! Lost & Found - I still have this jersey - last chance - going, going, gone!

Are you missing a Club Jersey? When we were putting the club equipment in the storage shed after RAGBRAI, we found a size medium Club Jersey. If you are missing one, please give me a call at 641-753-3114. Dana Bresler



RAGBRAI XXXII, July 25 - 31, 2004

Pencil it in on you calendar!

IVBC Annual Membership Meeting

Our annual meeting will be at 6:00 p.m., Friday, November 7 at Zeno's Pizza in Marshalltown. Pizza and pop will be provided by the club.

First order of business will be to vote on the slate of officers for 2004 listed below:

President:	Kris McKibben	Publicity:	Sara Kurth
Vice President:	Tony Etcher	Website:	Rita Smith
Secretary:	Ann Bresler	Quartermaster:	Bill Bucklin
Treasurer:	Charlie Smith	Historian:	Mike Headley
Membership:	Dana Bresler	Ride Coordinator:	John Eich & Terry Briggs

RAGBRAI Committee Chairman: Tony Etcher

Ticket Coordinator: Dana Bresler

Marshmallo Committee: Kris McKibben (Chair), John Eich, Lanny Nuese, Dana Bresler

We will also be discussing other plans and ideas for 2004:

- Meeting format
- Donation to Marshalltown Trail development
- Hwy 330 – Melbourne Trail project. A picnic bench with tree plantings has been suggested
- Developing family rides and other social/recreational type rides
- Membership drive

If you can not attend the meeting or are a member from outside of Marshalltown and would like to make a suggest or submit a comment please email or US Mail them. bikerider50158@yahoo.com or PO Box 927, Marshalltown, IA 50158.

Fall Rides

The fall weather and scenery is typically nice in Iowa, but this year it has been super nice through September and October. I have ridden several rides that have just been perfect; warm sunshine, dry, and very little wind. Falling into this category was Another Dam Bike Ride in Knoxville and the ride to the Des Moines Register. I think all that were on those rides will agree. The Oktoberfest Ride was cloudy, cool, and a little breeze, and as reported earlier the Club Century was windy.

Several club members are working hard to get in their 5 centuries before the end of the year. Lanny Nuese told me that he rode the Amish Harvest Century, in Hills, Iowa on Sept 13 - *all 100 miles in the rain*. Seems like a guy should get double points (two-fers) for that. Be sure and start adding up your mileage for the year. We will be calling to collecting that data after the first of the year and the mileage awards will be handed out at our Annual Winter Potluck in Feb.

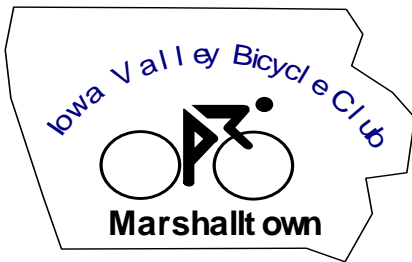
The awards are: 1st Century, 5 Centuries in One Year, Double Century, Most individual Miles, Most Family Miles. More on this in our December newsletter. Dana

Iowa Valley Bicycle Club

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Date	Time	Event	Place
Nov 7	6:00 P.M.	IVBC Annual Meeting, - all members are encouraged to come. Pizza & Pop Provided, elect officers, discuss plans for 2004	Zeno's Pizza 109 E. Main St., Marshalltown
Dec 7	7:00 p.m.	Regular IVBC Meeting - All club members welcome	Fisher Community Center
Dec 13	4:30 p.m. Arriving 5:00 p.m. Ride	Annual Tour De-Lites Ride	Fisher Community Center
Jan 14	7:00 p.m.	Regular IVBC Meeting - All club members welcome CPR Training	Fisher Community Center
Jan 18	1:00 p.m.-5:00 p.m.	Club Planning Session - All club members welcome: Club Promotion, Membership drive, How to get more families and youth involved, Map Book Update	Fisher Community Center
Feb 7	8:00 a.m. Reg 10:00 a.m. Ride	27th Annual BRR Ride Breakfast Served at 7:00 a.m.	St. Patrick's School Gym 5th & Lucinda, Perry, IA
Feb 11	6:00 p.m.	RAGBRAI Committee Meeting	Fisher Community Center
Feb 11	7:00 p.m.	Regular IVBC Meeting - All club members welcome	Fisher Community Center
Feb 15	12:30 P.M.	Annual IVBC Winter Potluck Mileage Recognition Awards & RAGBRAI Registration	Yet to be determined